

Toners

When aiming for clear skin, toners are the last line of defense against impurities on the skin and in pores. Included in most skin care regimens, toners complete the cleansing process, ridding the skin of any leftover dirt and particles while tightening the pores. The myriad of options for toners is indicative of the world of skin care – it's diverse. There is a product out there for every skin type featuring a variety of ingredients meant to fight off free radicals, bacteria, excess sebum, and dirt from deep inside the pores. Below are a few ingredients of note.

VITAMIN B5

Commonly used in beauty products, vitamin B5 soothes, heals, moisturizes, and regenerates skin. Because vitamin B5 acts as a humectant, it reduces the amount of water lost, aiding in the preservation of hydration and elasticity in the skin. Within the skin care industry, this ingredient is often used to soothe the effects of eczema, contact dermatitis, acne scarring, and cystic acne.

PHYTIC ACID

Phytic acid, also known as phytate, can be found naturally in bran and fruit seeds. In the beauty industry, it is often used in addition to other ingredients as a skin lightener, fighting off the effects of hyperpigmentation and acne scarring. It works by halting the formation of melanin by blocking the entrance of iron and copper in the formation of melanin.

CUCUMBER

Cucumbers hold a lot of acne-fighting and anti-aging properties. The silica in cucumbers tightens the skin and pores, warding off wrinkles and combatting clogged pores. Cucumber juice, which can be used as an astringent, reduces redness, pain, and scarring, while essential vitamins, minerals, and amino acids preserve the health and appearance of the skin.



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SKIN BEAUTY

PHYTO-ACTIVE TONING MIST

“This light, refreshing mist is infused with a deeply hydrating plant stem cell and small molecule version of hyaluronic acid to help replenish critical moisture in the skin, prevent water loss, and reinforce skin’s protective barrier.”